



Colon and Rectal Clinic

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Instructions to follow prior to the office visit for Ligation of Internal Hemorrhoids

1. Do not take Aspirin or any other blood thinners for 1 week prior to banding and for 2 weeks after the banding.
2. Take a Fleet enema before coming in for the procedure.
3. Take 2 extra strength Tylenols before you come into the office for your procedure.
4. Procedure may be repeated once in two weeks.